

2026

NO  
MORE  
WEEK

TOGETHER WE CAN END DOMESTIC & SEXUAL VIOLENCE

MARCH 2ND – 8TH

# COMMUNITY GUIDE

NO MORE WEEK 2026: FOR YOUR WORKPLACE

[nomore.org/no-more-week](https://nomore.org/no-more-week)



# NO MORE WEEK 2026: FOR YOUR WORKPLACE

NO MORE Week 2026 – beginning March 2nd and culminating on International Women's Day on March 8th – unites people across sectors and around the world to say NO MORE to domestic and sexual violence. It is a powerful opportunity for survivors, allies, employers, organizations, colleges, and communities to increase awareness, amplify action, and strengthen prevention efforts.

Workplaces play a pivotal role. By taking action during NO MORE Week, you can help create safer environments, support colleagues, and contribute to meaningful change. Together, we are louder, stronger, and more impactful.

## Engage and Make a Difference



### The NO MORE Week Challenge: Virtual Walk/Run

Sign up for free. Rally your friends, family, neighbors, clubs, or faith groups to participate in the 6th annual virtual [NO MORE Week Challenge](#). This walk/run raises awareness and support for survivors of domestic and sexual violence. Choose a distance, whether it's a 5K, 10K, or a Half Marathon, and complete it during NO MORE Week.



### Organize Your Own NO MORE Week Event

Mobilize your workplace by hosting an event that sparks learning, connection, or collective action. Whether you host a networking coffee, a lunch and learn series, or an activation for employees to fill in their own NO MORE sign, every action strengthens the movement and encourages broader participation. For inspiration and guidance, explore the [Toolkit for Corporates](#).

### Address Domestic and Sexual Violence Internally

Does your organization have a policy on domestic and sexual violence? NO MORE Week is a great time to create one. If you already have a policy, use this week to raise awareness, ensure staff know where to find it, and highlight available support.

Clear workplace policies are essential for safety and prevention.



### Raise Awareness in Your Workplace

Awareness saves lives. Use NO MORE Week to help colleagues understand domestic and sexual violence, know how to safely intervene, and learn where to find help. Highlight the [NO MORE Global Directory](#) or [Bright Sky app](#), display posters, send internal communications, or share the NO MORE Week social media posts to extend awareness online.

The more people who recognize the signs of abuse and know how to respond, the closer we come to ending it.

## Learn More and Get Involved

Visit [www.nomore.org/no-more-week](http://www.nomore.org/no-more-week) for more resources, tools, and ways to participate. Together, let's take meaningful action this NO MORE Week.

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